# MELINDA SPOONER, M.D.



JENELLE WATTS, M.D.

# **Notice of Privacy Practices**

# PLEASE REVIEW IT CAREFULLY. THIS NOTICE IS A REVISION AND BECAME EFFECTIVE OCTOBER 26, 2015

This Notice of Privacy Practices is NOT an authorization. This Notice of Privacy Practices describes how we, our Business Associates and their subcontractors, may use and disclose your protected health information (PHI) to carry out treatment, payment or health care operations and for other purposes that are permitted or required by law. It also describes your rights to access and control your PHI. "Protected health information" (PHI) is information about you, including demographic information, that may identify you and that relates to your past, present or future physical or mental health condition and related health care services. If you have any questions in reference to this form, please ask to speak with our HIPAA Compliance Officer.

#### PROVIDER / CLINIC OBLIGATIONS

We are required by law to maintain the privacy of, and provide individuals with, this notice of our legal duties and privacy practices with respect to PHI. We are also required to abide by the terms of the notice currently in effect. In Texas we must inform you if we disclose your PHI electronically, and those electronic communications including PHI must be through a secure method of electronic media. We are required to notify you of a breach of your PHI as required by federal and state law.

## USES AND DISCLOSURES OF PROTECTED HEALTH INFORMATION

Your PHI may be used and disclosed by your physician, our office staff and others outside of our office that are involved in your care and treatment for the purpose of providing health care services to you, to pay your health care bills, to support the operation of the physician's practice, and any other use required by law.

**Treatment:** We will use and disclose your PHI to provide, coordinate, or manage your health care and any related services. This includes the coordination or management of your health care with a third party. For example, your PHI may be provided to a physician to whom you have been referred, DME vendors, surgery centers/hospitals, referring physicians, family practitioner, physical therapists, home health providers, laboratories, worker comp adjusters and nurse case managers, etc to ensure that the healthcare provider has the necessary information to diagnose or treat you.

**Payment:** Your PHI will be used, as needed, to obtain payment for your health care services. For example, obtaining approval for a hospital stay, surgery, MRI or other diagnostic test, injection procedures, physical therapy, etc., may require that your relevant PHI be disclosed to the health plan to obtain approval for the procedure.

Healthcare Operations: We may use or disclose, as-needed, your PHI in order to support the business activities of your physician's practice. These activities include, but are not limited to, quality assessment, employee review, training of medical students, licensing, and conducting or arranging for other business activities. For example, we may disclose your PHI to medical school students that see patients at our office. In addition, we may use a sign-in sheet at the registration desk where you will be asked to sign your name and indicate your physician. We may also call you by name in the waiting room when your physician is ready to see you. We may use or disclose your PHI, as necessary, to contact you to remind you of your appointment, and inform you about treatment alternatives or other health-related benefits and services that may be of interest to you.

We may use or disclose your PHI in the following situations without your authorization. These situations include: as required by law, public health issues as required by law, communicable diseases, health oversight, abuse or neglect, food and drug administration requirements, legal proceedings, law enforcement, coroners, funeral directors, organ donation, research, criminal activity, military activity and national security, workers' compensation, inmates, and other required uses and disclosures. Under the law, we must make disclosures to you upon your request. Under the law, we must also disclose your PHI when required by the Secretary of the Department of Health and Human Services to investigate or determine our compliance with the requirements under Section 164.500.

#### USES AND DISCLOSURES THAT REQUIRE YOUR AUTHORIZATION

Other Permitted and Required Uses and Disclosures will be made only with your consent, authorization, or opportunity to object unless required by law. Without your authorization, we are expressly prohibited to use or disclose your PHI for marketing purposes. We may not use or disclose most psychotherapy notes contained in your PHI. We will not use or disclose any of your PHI that contains genetic information that will be used for underwriting purposes.

You may revoke the authorization, at any time, in writing, except to the extent that your physician or the physician's practice has taken an action in reliance on the use or disclosure indicated in the authorization.

#### **YOUR RIGHTS**

The following are statements of your rights with respect to your protected health information.

Right to Inspect and Copy. You have a right to inspect and obtain a copy of the PHI that may be used to make decisions about your care or payment for your care. This includes medical and billing records, other than psychotherapy notes. To inspect and/or copy this PHI, you must submit a request in writing to our office. In Texas, we have up to 15 days to make your PHI available to you and we may charge you a reasonable fee for the costs of copying, mailing, or other supplies associated with your request. We may not charge you a fee if you need the information for a claim for benefits under the Social Security Act or any other state or federal needs-based benefits program. We may deny your request in certain limited circumstances. If we do deny your request, you have the right to have the denial reviewed by a licensed healthcare professional who was not directly involved in the denial of your request, and we will comply with the outcome of the review.

**Right to Request Restrictions.** This means you may ask us not to use or disclose any part of your PHI for the purposes of treatment, payment or healthcare operations. You may also request that any part of your PHI not be disclosed to family members or friends who may be involved in your care or for notification purposes as described in this Notice of Privacy Practices. To request a restriction, you must make your request in writing to our office. Your request must state the specific restriction requested and to whom you want the restriction to apply. Your physician is not required to agree to your requested restriction except if you request that the physician not disclose PHI to your health plan with respect to healthcare for which you have paid in full out-of-pocket.

**Right to Request Confidential Communications.** You have the right to request confidential communication from us by alternative means or at an alternative location. To request confidential communications, you must make your request in writing to our office.

**Right to Request an Amendment.** If you feel your PHI that we have is incorrect or incomplete, you may ask us to amend the information. You have a right to request an amendment for as long as the information is kept by or for our office. To request an amendment, you must make your request in writing to our office. If we deny your request for amendment, you have the right to file a statement of disagreement with us and we may prepare a rebuttal to your statement and will provide you with a copy of any such rebuttal.

**Right to an Accounting of Disclosures.** You have the right to request a list of certain disclosures we made of your PHI for purposes other than treatment, payment and health care operations, for which you provided written authorization for disclosure, or for disclosures made seven years prior to the date of the request. To request an accounting of disclosures, you must make your request in writing to our office.

Right to Get Notice of a Breach. We will notify you if your unsecured PHI has been breached.

**Right to a Paper Copy of This Notice.** You have the right to a paper copy of this notice. You may ask us to give you a copy of this notice at any time. Even if you have agreed to receive this notice electronically, you are still entitled to a paper copy of this notice.

## CHANGES TO THIS NOTICE

We reserve the right to change this notice and make the new notice apply to PHI we already have as well as any PHI we receive in the future. We will post a copy of our current notice at our office and on our website. The notice will contain the effective date on the first page of the notice.

## **COMPLAINTS**

You may complain to us or to the Secretary of the Department of Health and Human Services if you believe your privacy rights have been violated. To file a compliant with our office, it must be made in writing and mailed to: Specialized Women's Healthcare, Attn: HIPAA Compliance Officer, 3804 West 15th St., Suite 140, Plano, TX 75075. **We will not retaliate against you for filing a complaint.** 

Acknowledgement of Daview of Notice of Privacy Practices

| Acknowledgement of Review of Notice of Filvacy Fractices  |
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| I have reviewed this office's Notice of Privacy Practices, which explains how my medical information will be used and disclosed |
| I understand that I am entitled to receive a copy of this document.   |
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| Patient (or Guarantor's) Name Printed | Patient (or Guarantor's) Signature | Date |  |
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